



A lump or swelling in the breast, upper chest or armpit



Rash, scaly skin or a wound that does not heal around or on the nipple



Unusual discharge (liquid) from the nipple



Redness, warmth, swelling or changes in skin color



Changes to the skin, for example dimpling or puckering



A change in appearance of the nipple, for example it has become inverted (pulled in)



Changes in size or shape of the breast

Remember to examine your breasts regularly and know the symptoms of breast cancer

Book an appointment for breast screening when you receive an invitation

The earlier breast cancer is diagnosed, the better chance of successful treatment. Check your breasts and armpits regularly and look and feel for unusual changes. By knowing your body, you will be more likely to notice changes. It's recommended to be in front of a mirror.

In most cases symptoms are not caused by cancer but it is important to have them checked.

If you detect these or other symptoms, contact your doctor or the Breast center (Brjóstamiðstöð) at Landspítali Hospital, tel. 543 1000.

Don't forget about cancer screening, it's important to make an appointment when you get an invitation!



Krabbameinsfélagið